Figuring out what you want to research can be one of the trickiest parts of the process. But the good news is that you can still search on psychonnet and use the sources to focus your search:

Maybe start off with searching for one thing you’re interested in in the abstract.

You can even look through literature reviews (which synthesize a bunch of empirical articles) because they might be a bit broader.
Sometimes you might see helpful index terms to help you focus your topic.
So just by looking at lit reviews about self esteem I have a few possible topic ideas:

- Social media use and self-esteem in teens
- Gay male self esteem based on how they identify within the gay community
- Impact of child-labor on self esteem (‘bad’ child labor (like coal mining) vs ‘good’ (like mowing lawns or babysitting?)
- Exercise and self-esteem
- Parent polygamy and impact on child’s self-esteem (maybe also knowledge of parent infidelities/contentious divorce?)
- Self esteem of adults who were diagnosed with ADHD as children

And that’s just a few things on the first page! The key is keeping an eye out for what might be interesting or related topics that you’d like.